



Message from President/CEO,
Darrell J. Drummond

HAPPY NEW YEAR!!!! Welcome to 2024; a year of great opportunities. As we enter this new year, I am reminded of the more than thirty (30) years I have been associated with this organization.

When I began this journey, the Council on Aging of St. Lucie, Inc. (COASL) had a total of twenty five (25) employees and we administered programs to roughly five hundred (500) seniors annually in St. Lucie County.

Today, we have more than fifty (50) full time employees, addressing the needs of over twenty thousand (20,000) seniors on an annual basis. The services we offer today are far more comprehensive and better address our overall goal of helping seniors remain independent in their own homes.

I am encouraged that 2024 will provide us, as an agency and St. Lucie County as a whole, to aggressively address the needs of seniors in the 21st century. I proudly count myself as one of its' members.

I encourage you and your family and friends to join with us in this new year to re-double our efforts to improve the life of seniors, increase the number of seniors we are able to assist and improve the overall health and safety of all of St. Lucie County's residents.

Let's get to work!

Editors: **Laurie Hoy Orlik**
Susie Bowen

Martin Luther King Jr.

Alabama
Assassination
Brotherhood
Change
Civil rights
Dream
Equality
Freedom
Georgia
Integration
January
Justice
Minister
Nobel
Nonviolence
Peace
Rosa Parks
Segregation
Speech

G O S N L S E Z B L F U T S F S Z
R K S X M E A L A B A M A K R E Q
A F T X Y E B C C A G W L R T G Q
O C H A I G R O E G D X Z A K R R
I Q G T A G G S N F E X D P A E N
J G I N T E G R A T I O N A T G O
A E R Z Z J U S T I C E Q S B A I
N B L S A Q C H A N G E I O R T T
U B I J F P S F Q E X N V R O I A
A Y V I S E S V U B I Y O S T O N
R T I J A R N B L M I H P V H N I
Y K C A N O N V I O L E N C E Y S
M O D E E R F P A Y E E R Q R X S
I Y T I L A U Q E C B C B Z H J A
W X U P W Z T C H D Q A G E O H S
M A E R D A A R H A V E N P O P S
U O D H Y Z Y X C G P D B D S A

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**To make a donation to the
Council on Aging of St. Lucie, Inc.**
Please make checks payable to Council on Aging of St. Lucie Inc.. To mail your donation please include this form and send to:

Council on Aging of St. Lucie, Inc.
2501 SW Bayshore Blvd.
Port St. Lucie, FL 34984

Please state the intended purpose for the donation:

Name: _____
Address: _____
City: _____ State: _____
Zip: _____

Enclosed is my/our contribution of \$ _____

Or visit our website www.coasl.com



Council on Aging of St. Lucie, Inc.

The Grapevine

Volume 2, Issue 1 January 2024



Mission
The mission of the Council on Aging of St. Lucie, Inc. is to seek, develop, coordinate and administer community-based programs and in-home services for senior persons of St. Lucie County and adjoining areas.

COASL BOARD OF DIRECTORS

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CEO/President
Darrell J. Drummond



Our offices will be closed Monday, January 15, in remembrance of Dr. Martin Luther King, Jr.

Devoted Health will be presenting Musical Bingo at our Fort Pierce location on January 2 from 11AM-Noon.

Bea Scafidi with Area Agency on Aging will be doing a presentation on SHINE, an overview of their services, at our Fort Pierce location on January 5 from 11AM-noon and at our Port St. Lucie location on January 8 from 10AM-11AM.

The Treasure Coast Food Bank will be presenting nutrition classes at our Port St. Lucie location on January 9, 16, 23 and 30 from 10AM-11AM and at our Fort Pierce location on January 12, 19 and 26 from 11AM-noon.

We will be having an AARP Safe Driving Course on Monday, January 22, from 9:30AM-4:30PM at the Port St. Lucie location.

Devoted Health will be hosting a Tech Class at our Fort Pierce location January 30 from 11AM-Noon.

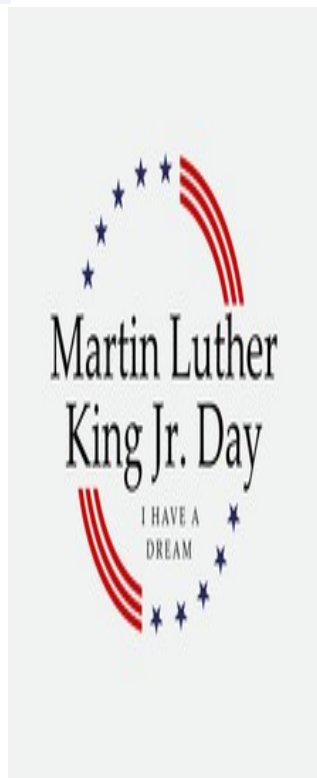
Joke of the month:
What is the best food to eat in January?

A: Britt-Itosi!

Providing Services to Seniors in St. Lucie County for 50 years!

January is **BLOOD DONOR MONTH.**

Give the gift of life!





Sponsor a service for a senior

For over 50 years, the Council on Aging of St. Lucie, Inc. (COASL) has provided services to the senior residents of St. Lucie County. Currently, we provide these services (meals on wheels, adult day care, case management, in-home services, and transportation, just to name a few) to 891 active clients. In order to utilize Federal and State funds to provide these services, a 10% match is required. For just \$20/month per client (pledge for 1 year = \$240), the required match can be met and we will be able to continue to draw down the approximate \$160,000/month state and federal funds to continue to fully provide these much needed services to the senior residents of St. Lucie County.

If you'd like to help COASL continue to achieve its' mission, please "Sponsor a service for a senior" and donate today!

For more information, please contact 772-336-8608.

Donations also accepted on-line at www.coasl.com or by check (please return form below)

Please return to **Council on Aging of St. Lucie, Inc.**
 2501 SW Bayshore Blvd.
 Port St. Lucie, FL 34984
 ATTN: Sponsor a Service for a Senior

Donation \$ _____

Name _____

Address _____

Phone _____

Email _____

Council on Aging of St. Lucie, Inc.
 1505 Orange Ave., Ft. Pierce, FL 34950
 772-336-8608

JANUARY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 	2 Games & Cards 9-11 Musical Bingo 11-12 Lunch 11-12 Social Time 12-3	3 Lunch 11-12	4 Lunch 11-12	5 Games & Cards 9-11 AAA SHINE OVERVIEW 11-12 Lunch 12-1 Social Time 1-3	6	
	7 CLOSED	8 Games & Cards 9-11 Lunch 11-12 Social Time 12-3	9 Games & Cards 9-11 Lunch 11-12 Social Time 12-3	10 Lunch 11-12	11 Lunch 11-12	12 Games & Cards 9-11 NUTRITION CLASS 11-12 Lunch 12-1 Social Time 1-3	13
14	15 	16 Games & Cards 9-11 Lunch 11-12 Social Time 12-3	17 Lunch 11-12	18 Lunch 11-12	19 Games & Cards 9-11 NUTRITION CLASS 11-12 Lunch 12-1 Social Time 1-3	20	
	21 Games & Cards 9-11 Lunch 11-12 Social Time 12-3	22 Games & Cards 9-11 Lunch 12-1 Social Time 1-3	23 Lunch 11-12	24 Lunch 11-12	25 Games & Cards 9-11 NUTRITION CLASS 11-12 Lunch 12-1 Social Time 1-3	26	27
28	29 Games & Cards 9-11 Lunch 11-12 Social Time 12-3	30 Games & Cards 9-11 Tech Class 11-12 Lunch 12-1 Social Time 1-3	31 Lunch 11-12				



Visit us on the web: www.coasl.com

Council on Aging of St. Lucie, Inc.
 2501 SW Bayshore Blvd., Port St. Lucie, FL 34984
 772-336-8608

JANUARY 2024

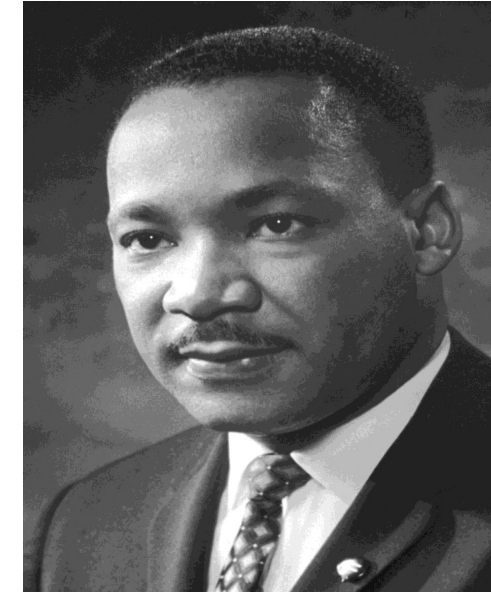
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 CLOSED	2 Social Time 9-10 Dance 10-11 Lunch 11-12 Bridge 12-3	3 Social Time 9-11 Lunch 11-12 Bingo 12-3	4 Social Time 9-11 Lunch 11-12 Ceramics 12-3	5 Social Time 9-11 Acrylic Ceramics 10-1 Lunch 11-12	6
7	8 Social Time 9-10 AAA SHINE OVERVIEW 10-11 Lunch 11-12	9 Social Time 9-10 Nutrition Class 10-11 Lunch 11-12 Bridge 12-3	10 Social Time 9-11 Lunch 11-12 Bingo 12-3	11 Social Time 9-11 Lunch 11-12 Ceramics 12-3	12 Social Time 9-11 Acrylic Ceramics 10-1 Lunch 11-12	13
14	15 CLOSED	16 Social Time 9-10 Nutrition Class 10-11 Lunch 11-12 Bridge 12-3	17 Social Time 9-11 Lunch 11-12 Bingo 12-3	18 Social Time 9-11 Lunch 11-12 Ceramics 12-3	19 Social Time 9-11 Acrylic Ceramics 10-1 Lunch 11-12	20
21	22 Social Time 9-11 AARP SAFE DRIVING 9:30-4:30 Lunch 11-12	23 Social Time 9-10 Nutrition Class 10-11 Lunch 11-12 Bridge 12-3	24 Social Time 9-11 Lunch 11-12 Bingo 12-3	25 Social Time 9-11 Lunch 11-12 Ceramics 12-3	26 Social Time 9-11 Acrylic Ceramics 10-1 Lunch 11-12	27
28	29 Social Time 9-10 Dance 10-11 Lunch 11-12	30 Social Time 9-10 Nutrition Class 10-11 Lunch 11-12 Bridge 12-3	31 Social Time 9-11 Lunch 11-12 Bingo 12-3			

Visit our website:
www.coasl.com

Bingo: \$11.00/16 games & \$21.00 unlimited games

Ceramics: \$3.00/class plus cost of art piece

Acrylic Ceramics: \$2.00/class plus cost of art piece



Martin Luther King Jr. Day is a federal holiday in the United States celebrating the birthday of Dr. Martin Luther King, Jr. The holiday is observed on the third Monday of January each year; Dr. King's actual birthday is January 15. The first holiday was observed in January, 1986.

Dr. King was one of the most prominent leaders in the civil rights movement from 1955 until his assassination in 1968. He led the movement to end segregation and counter prejudice in the United States through the means of peaceful protest and nonviolence.

Dr. King participated in and led marches for the right to vote, desegregation, labor rights and other civil rights. He oversaw the 1955 Montgomery bus boycott and later became the first president of the Southern Christian Leadership Conference. Dr. King was one of the leaders of the 1963 March on Washington, where he delivered his "I Have a Dream" speech on the steps of the Lincoln Memorial.

Holiday Outreach

During the Holiday Season, The Council on Aging of St. Lucie, Inc. rallied the community together to support Senior Citizen's throughout the County.

Local Businesses, Schools, Non-profits, Clubs and Government Agencies came together to donate Holiday Angel Gifts, Chef Prepared Meals, Grocery Bags filled with non-perishable goods, Food Gift Cards and many more soul warming donations that made the holiday season a very special time for Seniors.

A special thank you to all of our community partners who made Christmas a brighter time for our Aging Community:

Better Life Home Care, Inc.
 Butterfield Pharmacy
 Florida Power and Light
 Brennity at Traditon
 Wellmed
 Treasure Coast Advocates for Seniors
 Treasure Coast Food Bank
 Christian FM - Radio Interview
 WCNO Radio Interview
 The St. Lucie Voice
 City of Port Saint Lucie
 Natalie's Orchid Island Juice Company
 PSL Crazy Quilters
 Pilot Club / Treasure Coast Pottery
 Pinnacle Foot and Ankle Center
 Elder Home Care Services
 Southern-N-Other Club
 Seacoast Bank
 Vitalia at Tradition
 Golden Pond 55 & Older Community
 The Estate, Trust & Elder Law Firm
 P.L. Primary Care Geriatric & Adult Care Solutions
 Suncoast Sr. Solutions
 Oceanside Condos
 Faith Congregational Church
 Sisters of Faith Group
 Devoted Health Plans
 Conviva Care Centers
 Havana George Café
 Publix
 Walmart
 Target
 Berry Fresh
 Texas Road House
 Rotary Club
 Rails 2 Trails
 Saint Anastasia School
 Treasure Coast High School
 Chester A Moore Elementary School
 John Carroll Catholic School

