



Council on Aging of St. Lucie, Inc.

**Providing
Services to
Seniors in
St. Lucie
County for
50 years!**

The Grapevine



Volume 2, Issue 11 November 2024

Mission

The mission of the Council on Aging of St. Lucie, Inc. is to seek, develop, coordinate and administer community-based programs and in-home services for senior persons of St. Lucie County and adjoining areas.

COASL BOARD OF DIRECTORS

Andre Hawkins
Chairman

Pachick Pinkney
Vice Chairman

R. Allen Miller
Immediate Past
Chairman

Directors
Linda Burke
David Pickett
Arnold Gaines
Paula Lewis
Daniel Sharkey

CEO/President
Danell J. Drummond



Our offices will be closed Monday, November 11, for Veterans Day. We will also be closed Thursday and Friday, November 28 and 29, for the Thanksgiving holiday.

Turn back your clocks one hour at 2AM on November 3!!!

Don't forget to get out and vote on Tuesday, November 5!!

Ricki and Dave Nutting will be entertaining our clients with song at our Fort Pierce location November 4 from 12PM-1PM and at our Port St. Lucie location November 12 from 10AM-11AM.

Compass Health will be hosting a Medicare presentation at our Fort Pierce location November 5 from 1PM-2PM.

Ensure Health will be hosting Medicare Trivia Challenge at our Fort Pierce location November 12 from 12PM-1PM and at our Port St. Lucie location November 18 from 10AM-11AM.

PR2U will be hosting an Elder Law presentation at our Port St. Lucie location November 19 from 10AM-11AM and at our Fort Pierce location November 19 from 1PM-2PM.

November is **Alzheimer's Disease Awareness Month**. It is important to monitor yourself and your loved ones for any signs of mild cognitive impairment.



Joke of the month:

What do you get when you cross a turkey with a centipede?

A: Drumsticks for everyone!



6TH ANNUAL *Holiday Angels*

GIFT DRIVE

Benefiting the Council on Aging of St. Lucie Clients

Accepting Donations Through

THURSDAY, DECEMBER 05

Scan to Support



**Drop-off
Location:**

Council on Aging of St. Lucie
2501 SW Bayshore Blvd, PSL 34984
1505 Orange Ave, Ft. Pierce 34950



GIFT IDEAS: Cozy Blankets, Personal Care Items (Lotion, Shampoo Conditioner, Powder, Toiletry Sets, etc.), Towel Sets, Radios/Music Players Digital Picture Frames, Page Magnifiers, Art & Craft Sets, Puzzles Grocery Gift Cards (Walmart, Publix, Aldi or Winn Dixie)

*Gifts must be new and in original packaging. Perishable gifts no longer accepted.

FOR MORE INFORMATION CALL BETTER LIFE HOME CARE: 772-465-5220

<https://givebutter.com/blhcholiday>

NO NAME CAR CLUB CLASSIC CAR SHOW

BENEFITING COUNCIL ON AGING OF ST. LUCIE

Join Us
TEXAS ROADHOUSE
DINE 2 DONATE

10% OF YOUR CHECK WILL BE DONATED BACK TO COASL

THURSDAY, NOVEMBER 14, 2024

4:00 PM - 8:00 PM

210 NW PEACOCK BLVD.
PORT ST. LUCIE, FL 34986

**Better
Life**
Homecare for a healthy life!



MUSIC
50/50 RAFFLE
FREE ADMISSION
FUN FOR THE WHOLE FAMILY

LET'S SUPPORT COUNCIL ON AGING OF SLC



HURRICAN MILTON RELIEF AND RESPONSE EFFORTS

THE COUNCIL ON AGING OF ST. LUCIE INC., OUTREACH DEPARTMENT RESPONDED TO THE AFTERMATH OF HURRICANE MILTON IN PARTNERSHIP WITH ST. LUCIE COUNTY'S MULTI-AGENCY RESOURCE CENTER. SEVERAL NON-PROFIT AGENCIES INCLUDING THE AREA AGENCY ON AGING PALM BEACH/TREASURE COAST, INC., FEMA, FLORIDA HEALTH DEPARTMENT, RED CROSS, CATHOLIC CHARITIES AND MORE PROVIDED IMMEDIATE ASSISTANCE AND VALUABLE RESOURCES TO RESIDENTS WHO WERE AFFECTED BY HURRICAN MILTON.

The following are some disaster relief options:



- Red Cross Shelter and Food packets for hurricane survivors at First United Methodist Church Located at: 260 SW Prima Vista Blvd. Port St. Lucie.
- **FEMA** Registration call 800-621-3362 or apply via website at <https://disasterassistance.gov>
- County Info. Line 772-460-4357 or 211.
- St. Lucie County Senior Citizens 60 years and older who need **FREE** meals, transportation and social activities contact the Council on Aging of St. Lucie, Inc. at 772-336-8608 Ext. 101.

Steps to recovery for homeowners and renters in St. Lucie County:

- File a claim with your insurance.
- Apply with FEMA's Individual Assistance. Whether you are insured or underinsured. Individual Assistance is available to individuals and households needing financial and direct services (**see above options to apply**).
- Contact the Red Cross; Online: www.RedCross.org; (800-733-2767)

Have questions:

- Contact State Assistance Information Line at 1-800-342-3557. This call center runs 24/7 and can answer any Hurricane Milton related questions in English, Spanish, and Creole.



Council on Aging
of St. Lucie, Inc.

CALL US TODAY
772-336-8608

Congregate Meal Sites
Adult Day Center
(Transportation)
In Home Care
Social Activities
Meals on Wheels
Case Management

****Call 772-464-7433 to learn more about Transportation Services****

Your Trusted Resource for Senior Care Services

SPONSOR A SENIOR

DONATE

**TO COUNCIL ON AGING
OF ST. LUCIE (COASL)**

Your donation will help keep seniors independent and at home

With a pledge of just \$20 per month or \$240 per year, you can help a local senior access essential services: Meals on Wheels, Adult Day Center, Transportation & Home Care.



**Make a Difference in the
Lives of Local Seniors**






Council on Aging
of St. Lucie, Inc.



MORE INFO
WWW.COASL.COM
772-336-8608

Council on Aging of St. Lucie, Inc.
 2501 SW Bayshore Blvd., Port St. Lucie, FL 34984
 772-336-8608

NOVEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Social Time 9-11 Acrylic Ceramics 10-1 Lunch 11-12 Social Time 12-3	2
3  FALL BACK SET YOUR CLOCKS BACK AN HOUR	4 Social Time 9-11 Lunch 11-12 Social Time 12-3	5 Social Time 9-11 Lunch 11-12 NO BRIDGE Social Time 12-3 	6 Social Time 9-11 Lunch 11-12 Bingo 11:30-3 Social Time 12-3	7 Social Time 9-11 Computer Class 9-11 Lunch 11-12 Ceramics 12-3 Social Time 12-3	8 Social Time 9-11 NO ACRYLIC CERAMICS FPL Luncheon Lunch 11-12 Social Time 12-3	9
10	11  CLOSED	12 Social Time 9-10 Music W/Rickii & Dave 10-11 Lunch 11-12 Bridge 12-3 Social Time 12-3	13 Social Time 9-11 Lunch 11-12 Bingo 11:30-3 Social Time 12-3	14 Social Time 9-11 Computer Class 9-11 Lunch 11-12 Ceramics 12-3 Social Time 12-3	15 Social Time 9-11 Acrylic Ceramics 10-1 Lunch 11-12 Social Time 12-3	16
17	18 Social Time 9-10 Ensure Health 10-11 Lunch 11-12 Social Time 12-3	19 Social Time 9-10 Elder Law 10-11 Lunch 11-12 Bridge 12-3 Social Time 12-3	20 Social Time 9-11 Lunch 11-12 Bingo 11:30-3 Social Time 12-3	21 Social Time 9-11 Computer Class 9-11 Lunch 11-12 Ceramics 12-3 Social Time 12-3	22 Social Time 9-11 Acrylic Ceramics 10-1 Lunch 11-12 Social Time 12-3	23
24	25 Social Time 9-11 Lunch 11-12 Social Time 12-3 AARP SAFE DRIVING 9:30-4:30	26 Social Time 9-11 Lunch 11-12 Bridge 12-3 Social Time 12-3	27 Social Time 9-11 Lunch 11-12 Bingo 11:30-3 Social Time 12-3	28  HAPPY THANKSGIVING! CLOSED	29 CLOSED	30

STAY CONNECTED WITH US ON SOCIAL MEDIA!






Bingo: \$11.00/16 games & \$21.00/unlimited games

Ceramics: \$5.00/class plus cost of art piece

Acrylic Ceramics: \$2.00 class plus cost of art piece

Council on Aging of St. Lucie, Inc.
1505 Orange Ave., Ft. Pierce, FL 34950
772-336-8608

NOVEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Games & Cards 9-11 Lunch 11-12 Bingo 12-1 Social Time 1-3	2
						
3  FALL BACK SET YOUR CLOCKS BACK AN HOUR	4 Games & Cards 9-11 Lunch 11-12 Music w/Ricki & Dave 12-1 Flu Shot Clinic 1-2	5 Games & Cards 9-11 Lunch 11-12 Compass Health 1-2 	6 Games & Cards 9-11 Lunch 11-12 Social Time 12-3	7 Games & Cards 9-11 Lunch 11-12 Social Time 12-3	8 Games & Cards 9-11 Lunch 11-12 Bingo 12-1 Social Time 1-3	9
10	11  CLOSED	12 Games & Cards 9-11 Lunch 11-12 Ensure Health 12-1 Social Time 1-3	13 Games & Cards 9-11 Lunch 11-12 Social Time 12-3	14 Games & Cards 9-11 Lunch 11-12 Social Time 12-3	15 Games & Cards 9-11 Lunch 11-12 Bingo 12-1 Social Time 1-3	16
17	18 Games & Cards 9-11 Lunch 11-12 Social Time 12-3	19 Games & Cards 9-11 Lunch 11-12 Elder Law 12-1 Social Time 1-3	20 Games & Cards 9-11 Lunch 11-12 Social Time 12-3	21 Games & Cards 9-10 Lunch 11-12 Social Time 12-3	22 Games & Cards 9-11 Lunch 11-12 Bingo 12-1 Social Time 1-3	23
24	25 Games & Cards 9-11 Lunch 11-12 Social Time 12-3	26 Games & Cards 9-11 Lunch 11-12 Social Time 12-3	27 Games & Cards 9-11 Lunch 11-12 Social Time 12-3	28  HAPPY THANKSGIVING! CLOSED	29 CLOSED	30

STAY CONNECTED WITH US ON SOCIAL MEDIA!



A Message From Darrell J. Drummond, President/CEO

It was the best of times, it was the worst of times. Over the past month, COASL has had a number of activities to enhance our services for seniors in St. Lucie County. Butterfield Drugs offered a free flu shot clinic at our Port St. Lucie location (one is scheduled for our Fort Pierce location next month). We had a Voter Education Seminar at both locations to educate our clients on the upcoming election. Area Agency on Aging hosted a discussion at both locations discussion Open Enrollment and the changes coming in 2025.

The weekly bingo continues to grow with last month's attendance exceeding fifty (50) participants weekly. Please consider joining us on Wednesdays at noon and partake of the fun, food and opportunity to win money!

We have begun our annual Holiday Angel's Gift Drive for Christmas. This year the emphasis will be on providing gift cards for food. We recognize the cost of food continues to be high, and we are hopeful that we can bring some relief to our clients during the holiday season.

On the downside, last month saw us responding to two (2) hurricanes in a two (2) week period. We weathered the first (Helene) fairly well; however, the second one (Milton) proved quite damaging to our western and northern areas of the County. The worst area hit was the senior residential community of Spanish Lakes in Lakewood Park.

Our staff has been working with the State, County and other non-profit agencies to bring relief to those seniors affected. Let's keep all of them in our prayers.



To make a donation to the Council on Aging of St. Lucie, Inc.

Please make checks payable to Council on Aging of St. Lucie Inc.. To mail your donation please include this form and send to:

Council on Aging of St. Lucie, Inc.
2501 SW Bayshore Blvd.
Port St. Lucie, FL 34984

Please state the intended purpose for the donation:

Name: _____

Address: _____

City: _____ State: _____

Zip: _____

Enclosed is my/our contribution of \$ _____

Or visit our website www.coasl.com

Editors: **Laurie Hoy Orlik**
Susie Bowen

