



The Grapevine



VOLUME 3 ISSUE 1 JANUARY 2025



**Providing
Services to
Seniors in
St. Lucie County
since 1973!**

We will be closed on Wednesday, January 1, in observance of New Year's Day, and on Monday, January 20, to honor Dr. Martin Luther King Jr.

Florida Blue will be hosting a discussion on mental health at our Fort Pierce location January 6 from 1pm-2 pm and at our Port St. Lucie location January 28 from 10 am-11am.

United Health Care will be hosting a game day at our Port St. Lucie location January 13 from 10 am-11am and at our Fort Pierce location on January 14 from 1pm-2 pm.

Ricki & Dave Nutting will be entertaining our clients with song at our Fort Pierce location January 13 from 12 pm - 1pm and at our Port St. Lucie location January 21 from 10 am-11am.

Bea Scafidi with Area Agency on Aging will be presenting SHINE, an overview of their services at our Port St. Lucie location January 14 from 10 am-11am and at our Fort Pierce location January 21 from 1pm-2 pm.

Mission

The mission of the Council on Aging of St. Lucie, Inc. is to seek, develop, coordinate and administer community-based programs and in-home services for senior persons of St. Lucie County and adjoining areas.

COASL BOARD OF DIRECTORS

Andre Hawkins
Chairman

Padrick Pinkney
Vice Chairman

R. Allen Miller
*Immediate Past
Chairman*

Directors
Linda Bartz
David Pickett
Arnold Gaines
Paula Lewis
Daniel Sharkey

CEO/President
Darrell J. Drummond



Joke of the month: How did Jack Frost get to work on New Year's Day?

Answer: By icicle!!

Celebrating the Season: Client Holiday Party 2024



The Grapevine



A heartfelt thank you to our amazing volunteers for making this holiday season truly special for our Holiday Angels!





Council on Aging
of St. Lucie, Inc.

CALL US TODAY
772-336-8608

Congregate Meal Sites
Adult Day Center
(Transportation)
In Home Care
Social Activities
Meals on Wheels
Case Management

****Call 772-464-7433 to learn more about Transportation Services****

Your Trusted Resource for Senior Care Services

SPONSOR A SENIOR

DONATE

**TO COUNCIL ON AGING
OF ST. LUCIE (COASL)**

Your donation will help keep seniors independent and at home

With a pledge of just \$20 per month or \$240 per year, you can help a local senior access essential services: Meals on Wheels, Adult Day Center, Transportation & Home Care.



**Make a Difference in the
Lives of Local Seniors**



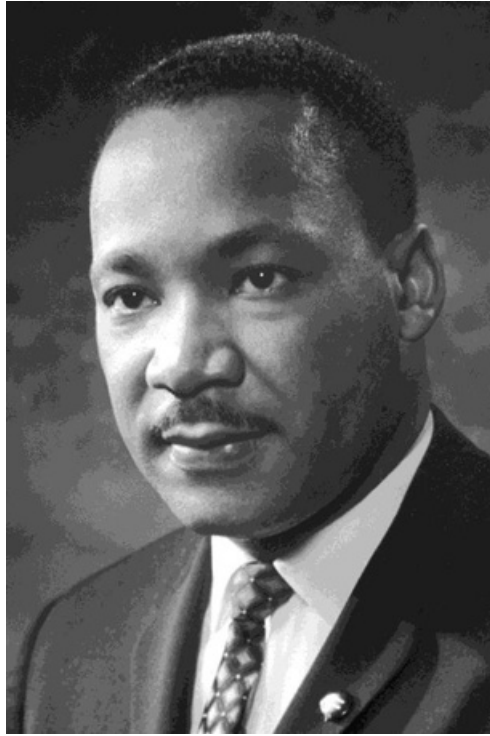
Council on Aging
of St. Lucie, Inc.



MORE INFO



WWW.COASL.COM
772-336-8608



EXCERPT FROM DR. MARTIN LUTHER KING, JR.'S
"I HAVE A DREAM"
SPEECH:

"I have a dream that one day this nation will rise up and live out the true meaning of its creed: "We hold these truths to be self-evident, that all men are created equal.



"I have a dream that one day on the red hills of Georgia, the sons of former slaves and the sons of former slave owners will be able to sit down together at the table of brotherhood.

"I have a dream that one day even the state of Mississippi, a state sweltering with the heat of injustice, sweltering with the heat of oppression, will be transformed into an oasis of freedom and justice.

I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character.

I have a *dream* today!"

JANUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1  Closed	2 Social Time 9-11 Computer Class 9- 11 Lunch 11-12 Ceramics 12-3 Social Time 12-3	3 Social Time 9-11 Acrylic Ceramics 10-1 Lunch 11-12 Social Time 12-3	4
5	6 Social Time 9-11 Lunch 11-12 Social Time 12-3	7 Social Time 9-11 Lunch 11-12 Bridge 12-3 Social Time 12-3	8 Social Time 9-11 Lunch 11-12 Bingo 12-3 Social Time 12-3	9 Social Time 9-11 Computer Class 9- 11 Lunch 11-12 Ceramics 12-3 Social Time 12-3	10 Social Time 9-11 Acrylic Ceramics 10-1 Lunch 11-12 Social Time 12-3	11
12	13 Social Time 9-10 United Health Care 10-11 Lunch 11-12 Social Time 12-3	14 Social Time 9-10 SHINE 10-11 Lunch 11-12 Bridge 12-3 Social Time 12-3	15 Social Time 9-11 Lunch 11-12 Bingo 12-3 Social Time 12-3	16 Social Time 9-11 Computer Class 9- 11 Lunch 11-12 Ceramics 12-3 Social Time 12-3	17 Social Time 9-11 Acrylic Ceramics 10-1 Lunch 11-12 Social Time 12-3	18
19	20  Closed	21 Social Time 9-10 Music w/Ricki & Dave 10-11 Lunch 11-12 Bridge 12-3 Social Time 12-3	22 Social Time 9-11 Lunch 11-12 Bingo 12-3 Social Time 12-3	23 Social Time 9-11 Computer Class 9- 11 Lunch 11-12 Ceramics 12-3 Social Time 12-3	24 Social Time 9-11 Acrylic Ceramics 10-1 Lunch 11-12 Social Time 12-3	25
26	27 Social Time 9-11 Lunch 11-12 Social Time 12-3	28 Social Time 9-10 Mental Health Discussion 10-11 Lunch 11-12 Bridge 12-3 Social Time 12-3	29 Social Time 9-11 Lunch 11-12 Bingo 12-3 Social Time 12-3	30 Social Time 9-11 Computer Class 9- 11 Lunch 11-12 Ceramics 12-3 Social Time 12-3	31 Social Time 9-11 Acrylic Ceramics 10-1 Lunch 11-12 Social Time 12-3	

STAY CONNECTED WITH US ON SOCIAL MEDIA!



Bingo: \$11.00/16 games & \$21.00/unlimited games

Ceramics: \$5.00/class plus cost of art piece

Acrylic Ceramics: \$2.00 class plus cost of art piece

JANUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 <i>Happy New Year</i> Closed	2 Social Time 9-11 Lunch 11-12 Social Time 12-3	3 Social Time 9-11 Lunch 11-12 Social Time 12-3	4
5	6 Social Time 9-11 Lunch 11-12 Mental Health Discussion 1-2 Social Time 2-3	7 Social Time 9-11 Lunch 11-12 Social Time 12-3	8 Social Time 9-11 Lunch 11-12 Social Time 12-3	9 Social Time 9-11 Lunch 11-12 Social Time 12-3	10 Social Time 9-11 Lunch 11-12 Social Time 12-3	11
12	13 Social Time 9-11 Lunch 11-12 Music w/Ricki & Dave 12-1 Social Time 1-3	14 Social Time 9-11 Lunch 11-12 United Health Care 1-2 Social Time 1-3	15 Social Time 9-11 Lunch 11-12 Social Time 12-3	16 Social Time 9-11 Lunch 11-12 Social Time 12-3	17 Social Time 9-11 Lunch 11-12 Social Time 12-3	18
19	20  Closed	21 Social Time 9-11 Lunch 11-12 SHINE 1-2 Social Time 2-3	22 Social Time 9-11 Lunch 11-12 Social Time 12-3	23 Social Time 9-11 Lunch 11-12 Social Time 12-3	24 Social Time 9-11 Lunch 11-12 Social Time 12-3	25
26	27 Social Time 9-11 Lunch 11-12 Social Time 12-3	28 Social Time 9-11 Lunch 11-12 Social Time 12-3	29 Social Time 9-11 Lunch 11-12 Social Time 12-3	30 Social Time 9-11 Lunch 11-12 Social Time 12-3	31 Social Time 9-11 Lunch 11-12 Social Time 12-3	

STAY CONNECTED WITH US ON SOCIAL MEDIA!



A Message from Antoinette Rolle, Better Life Homecare, Inc.

Community Kindness in Action: Spreading Holiday Cheer to Seniors in Need

The spirit of giving was alive and well as the annual Holiday Angels Gift Drive, organized by Better Life Homecare, brought joy to clients of the Council on Aging of St. Lucie (COASL). Thanks to the generosity and teamwork of community members and partners, seniors in need received thoughtful gifts and critical support.

COASL Meals on Wheels drivers played a key role by delivering these gifts directly to recipients, ensuring that the holiday cheer reached those unable to leave their homes. In addition to addressing holiday gift needs, this year's drive also tackled the growing challenge of food insecurity among seniors. Through collective efforts, \$1,740 worth of gift cards was donated, and an impressive \$5,623 was raised through sponsorships to provide additional support.

The success of this initiative was made possible by the collaboration of several community partners, including Better Life Homecare, Wellmed Charitable Foundation, Butterfield's Medical Supply & Pharmacy, Michelle Franklin & St. Lucie County Property Appraiser's Office, Charlene Moses of the Rails to Trails Pilot Club, Suncoast Senior Solutions, Nelson Family Farm, Texas Roadhouse, The No Name Car Club and Seacoast Bank. These sponsors helped purchase much-needed gift cards for the seniors.

Donation boxes hosted by Faith Congregational Church, Adult & Geriatric Solutions, St. Anastasia Church, St. Anastasia School, Pinnacle Foot & Ankle Center and Stark Exterminators, also played a significant role in gathering gifts. Many individuals went above and beyond, collecting donations from friends and family to further support the drive.

Together, WE made a meaningful impact on the lives of seniors in OUR community, spreading joy and addressing critical needs during the holiday season. This collective effort reflects the true meaning of the holidays—caring for one another and coming together to uplift those in need.

HAPPY NEW YEAR

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

```

R E S O L U T I O N S I Y A
P P T S A O T R O K E T R A
C Y F A M I L Y R H N T A T
H E A N E W Y O E Y G E U K
A R W D F I W T E H A F N I
C R E S I E D A R A P N A S
O A L V R L R E H T M O J S
Y O L I S Y O A F T A C I N
D P F E T T N H A H H E O P
C P P R N G S H O R C T U N
I L A A O D M I D N I G H T
T P O V H I A E N S H I D D
E N E C I N E R A G C H N E
W R D A K Y S P A R K L E R
    
```

By Jimmy and Evelyn Johnson - www.qets.com

Calendar	Hangover	Parade
Champagne	Happy	Party
Clock	Hat	Resolution
Confetti	Holiday	Sing
Family	January	Sparkler
Fireworks	Kiss	Toast
First	Midnight	Year

Support the Council on Aging of St. Lucie, Inc.

Your generosity helps seniors live with dignity, independence, and joy!

Ways to Donate:

- By Check: Please make your check payable to the Council on Aging of St. Lucie, Inc.
- By Card: Simply scan the QR code to access our secure donation page.

Every Donation Makes a Difference!

Your contribution directly supports programs and services that empower local seniors to live independently, stay healthy, and enjoy their golden years! Whether it's a small or large gift, your kindness truly changes lives.



Thank you for your donation!

Editors: *Laurie Hoy Orlik
Susie Bowen
Andriana Jallouk Raynor*

